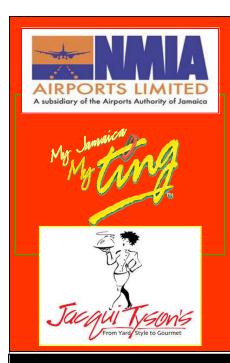
AIRPORTS NEWS & UPDATES

* the ho-ho-ho-holiday edition *



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NMIA SPECIAL CHRISTMAS WELCOME

It's the MOST WONDERFUL TIME of the year and NMIA in partnership with TING and JACQUI TYSON/From Thought To Finish, has put together a special welcome treat just for you.

We know how hectic air travel gets at this time of the year...but not to worry—WE GOTCHA!

A warm welcome awaits you and you and you. Once you get through the requisite processing and you grab your bag from the carousel - we have a cool drink of TING (straight or mixed) waiting to refresh you and then its on to the Arrivals ForeCourt to the POP UP LOUGE & CAFÉ where you can just drop your bags, put up your feet, let your hair down enjoy authentic Jamaican delectable delights and good music.

You may be lucky to catch one of the live reggae performances or the big band sound or even have the little ones take a picture with Santa and his elves. Hey, Our Home is your Home. WELCOME MON. MERRY CHRISTMAS.





EXECUTIVE CREATIVE DIRECTOR.CHEF EXTRAORDINNAIRE.KINGSTON CITY DIVA

JACQUI TYSON

Comes to the KINGSTON GATEWAY for the MOST WONDERFUL TIME OF THE YEAR.

20 fabulous days of total CITY CHIC DIVA-LISHOUSNESS and FINGER LICKIN' FUN.

The NMIA ARRIVALS FORECOURT (CHRISTMAS POP-UP-LOUNGE & CAFÉ) is where it's at for the HoHoHo-Holidays

LIVE ON LOCATION!!!

JACQUITYSON FROM YARD STYLE to GOURMET COOKING:

Mango glazed pigstail. Jerk chicken neck/back with last nite dumplin'. Pick up herring and breadfruit chips. Saltfish ceviche and tuff crackaz ."Mix up and blenda" wings .Soup – chicken back foot with gungo peas. Smoothie Bar. Sorrel Sky juice. Gourmet popcorn. Christmas cake squares and there is MORE... MUCH MORE!

LIVE COOKING DEMOS with the DIVA herself

showing you exactly how it's done - *marinating...massaging...stuffing...tossing*SHE WILL HAVE YOU DROOLING and EATING STRAIGHT FROM HER HANDS. w/ SAMPLES GALORE!!!

DAILY ACTIVITIES INCLUDE:

- LIVE BAND / guest performers. DANCING CHEFS. Santa Clause & elves.
- The VOICE (w/ Tessanne Chin) viewing parties on big screen TVs.
- CHRISTMAS MOVIES & CAROLING .Random giveaways & treats for everyone
- Finger food & nibbles ONLY (on sale!).MUSIC,MUSIC and MORE MUSIC!

The NMIA is the place to see and be seen this CHRISTMAS! See You THERE!





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AIRPORT SURVIVAL GUIDE for HOLIDAY TRAVEL

It's called the "most wonderful time of the year." Though for many families traveling during the holidays, it's more like a nightmare. Crowded airports, anxious passengers, winter weather delays, lost luggage, screaming kids and oversold flights all add to the chaos.

AIRPORTS NEWS & UPDATES has put together a holiday airport travel survival guide to help you navigate everything, from making sure your family is seated together to entertaining the young and restless seat mates onboard. Note to the wise—anything that normally occurs during regular travel, raise that possibility to the power of 10 then find the square route and multiply by 25days- to get an idea of how intense Christmas holiday air travel can get. Not to worry, we got you covered on how to avoid or get out of them, with your holiday cheer in tact.

LONG LINES /We're not even going to lie. Even if you arrive hours early, you're still likely to get stuck in a line at some point on the peak holiday travel days - whether while waiting to check in or pass through security. Always err on the side of caution when deciding how early to be at the airport. We encourage fliers to arrive two hours early for domestic and three hours for international itineraries.

If your flight is in normal business hours, when airports are more crowded, then you should add another 30 to 45 minutes... Get thru security and relax. Who needs the stress?" Also, remember the online checkin option.

SCATTERED SEATS /It's possible you may not have been able to reserve seats together for your family no matter how early you booked your Christmas plane tickets. If you find yourself in this predicament, there are several steps you can take. CALL the airline—as in today! A rep may be able to

assist with seat re-assignment if the flight isn't full. If that fails, revert to tip#1 –check in as early as possible online to see if there are any seats you can select next to each other. For most airlines there is a 24hour window of opportunity for that . If you are

still in trouble, get to the Gate early. The agents at the gate are your helpful friends and wield quite a bit of power in the seat assignment dept. Ask them nicely and remember to smile. A frown doesn't help and certainly doesn't scare them. And the last option - rely on the Christmas spirit. Hopefully someone will feel com-

pelled to switch with you onboard so your child isn't sitting alone.

THE BRUTAL WAIT / It can hours, evendays. An iPad ,smart phone or laptop preloaded with movies or games is no good without battery life. Many electronic devices won't have enough juice to entertain the kids during a couple hour or more delay as well as the flight. Bottom line: don't check-on critical power cords. "The solution is to always pack chargers in your carry-on and invest in powerful back up batteries. Also, download two to three times as many television episodes and movies as you think you'll need. Better to have and not need than need and not have!"

THE LOST LUGGAGE / As if it's not bad enough to miss a connection or have a flight cancelled, who knows where your bag full of presents and your checked car seat might end up on a disastrous travel day. Don't pack essentials or must haves - like your child's favorite gift - for the holiday trip in your checked suitcase. Think through what is most important to have with you when you land at your destination and put those items in your carry-on first.

Speaking of what is likely your most precious cargo - presents - do not bother to wrap them before going to the airport. Wrapped gifts are not prohibited by TSA, but agents may need to unwrap them to take a closer look during security screening. Save yourself the trouble: pack gift bags and tissue paper instead. Find out the bag restrictions for your airline and pay attention to weight, size and number of bags. Don't get caught by bag fees.

THAT NASTY
BUG /Coughs,
sneezes, runny
noses - they're
about as common at airports
during the holiday travel season as overpriced, crummy
pizza. Consider

packing tissues, anti-bacterial hand sanitizer and medications, such as Tylenol. Even with those precautions, catching a bug is sometimes inevitable.

THE MELTDOWN/This bug could even trigger a melt-down of epic proportions for the young ones - especially when weather delays or missed connections strike. After bringing what you thought was countless hours of entertainment and endless amounts of snacks, sometimes there's not much else you can do. Take a deep breath. Then, try to divert your and their attention from the stressful situation. Look out the windows at the airplanes coming in and taking off. Get an ice cream. Just don't let the child take control of the situation. Spend one-on-one time together for a few minutes.

We all know in the end - you can never be too ready for what might happen during holiday travels. A good attitude is likely what will get you through. Don't forget to pack your sense of humor and bring lots of patience.

After all...the warm smiles, hugs and quality time spent with family and friends waiting on the other side, are **PRICELESS**.



HAPPY TRAVELS & MERRY CHRISTMAS !

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NMIA SK CHARTTY WALK/RUN 2014 ...update





FACT SHEET & RACE INSTRUCTIONS

The NMIA PALISADOES CHARITY WALK/RUN is a 5 Kilometer (3.1miles) event that is open to individuals, children 10+years and groups. All race proceeds are in aid of the KINGSTON PUBLIC HOSPITAL (CANCER CARE UNIT). Registration fee is JA\$1,000.00 **per person.** Payments and completion of the registration form can be made at the NMIAL Administration Office located at the Norman Manley International Airport, Palisadoes or at the Tinson Pen Aerodrome located on Marcus Garvey Drive, Kingston.

Alternately, payment of the registration fee only or donations can be made at any NCB BRANCH, a/c #204-050-503. Those paying at the bank should download an Entry Form from our website at www.nmia.aero or it can be emailed or faxed to you. The completed Entry Form along with a copy of the bank voucher must be submitted to NMIAL via fax, email or in person at the Norman Manley International Airport or the Aerodrome on Marcus Garvey Drive.

Entries will not be processed without payment of race entry fees or copy of bank credit voucher of JA\$1,000.00. No entries will be accepted after the close of registration, which is **Friday**, **January 3**, **2014**. Switching of race events is **NOT** allowed once registration is closed.

BIBS and Race Information:

- BIBS must be collected at the NMIA Airports Ltd. Administrative Office located at Palisadoes, Kingston or the Tinson Pen Aerodrome, Marcus Garvey Drive by latest Wednesday, January 9, 2014. NO Registration or BIB pick- up on RACE DAY.
- Each entrant will receive an official race bib with 4 pins. The bib is to be pinned to the FRONT of your shirt. You must cross the start and finish line in order to get a correct race time.
- Your BIB number is labeled with your name and marked for the event you entered WALK or RUN and your GENDER. Do not switch or give your bib to anyone. Fair play rules and honesty applies!
- Only entrants with RUN BIBS are to line up for the RUN race. Similarly, only entrants with WALK BIBS are to line up for the WALK race. Individuals will be disqualified and ineligible for awards if they sign up to walk and run instead. Only runners can run and/or walk.
- NMIA PALISADOES 5K CHARITY WALK/RUN rewards both team and individual entrants with attractive prizes at the postrace AWARDS which follows immediately after in the GREENFIELD (adjacent to start point).
- Each participant is responsible for knowing and complying with all the official rules and regulations. Failure to comply with the rules of the NMIA PALISADOES 5K CHARITY WALK/RUN will subject you to disqualification.
- Be sure to arrive at the GREENFIELD Airport Round-a-bout for the pre-race Aerobic Warm-up at 6:30am. The RUN race starts promptly at 7:00am and is immediately followed by the WALK race. Don't be late!

For further information contact Ms. Faydene Roye at NMIA Airports Ltd (NMIAL)

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UP COMING EVENT

"NMIA PINK FRIDAY" JANUARY 3, 2014

OFFICIAL launch of the 10th renewal of the NMIA 5K CHARITY WALK/RUN. All proceeds from this charity will again be donated to the KINGSTON PUBLIC HOSPITAL CANCER UNIT. The day is

billed PINK FRIDAY and is so designated by NMIA as a day to raise awareness, spread hope and help find the cure for cancer. EVERYONE is INVITED to the Norman Manley int'l Airport to get informed...get screened.

ALL DAY ACTIVITIES include;

- FINAL DAY for Charity SK RACE REGISTRATION !!!
 - Mini Forum with live presentations from Medical Experts addressing the myths, mysteries and misunderstandings of this disease in the NMIA Arrivals Forecourt. Q&A segment.
 - Mammogram and Pap Smear testing conducted by professionals of the Jamaica Cancer Society (JCS) mobile team. 8:30am – 5:00pm.
 - SILENT PINK AUCTION
 - ALL PINK FASHION SHOW
 - LIVE ENTERTAINMENT
 - LIVE RADIO BROADCAST

Wear something PINK to show solidarity with the cause to continue the fight against cancer. AWARENESS & EARLY DETECTION are key. For more information call # 316-6853 or visit our FACEBOOK / normanmaleyintlairport.